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Aspirin Taken Immediately for Heart Attack

A heart attack may result when a blood clot blocks blood flow through a coronary (heart) artery. The coronary artery brings blood to the heart. If blood flow to the heart is disrupted due to a blood clot, a portion of the heart itself may become damaged or destroyed. The buildup of cholesterol over time can lead to the formation of plaques in arteries, and the narrowing of arteries, known as atherosclerosis. Signs and symptoms of a heart attack include a sensation of pressure or squeezing pain in the center of the chest lasting longer than a few minutes. Shortness of breath, sweating, and nausea also may be signs of a heart attack. Smoking, older age, diabetes, high blood pressure, and high cholesterol can increase the risk of a heart attack. Obesity and lack of physical activity can also increase heart attack risk.

Persons who believe they are experiencing a heart attack need to seek emergency medical attention immediately. Nitroglycerin should be taken as soon as possible, if available, through a prescription. Aspirin is recommended to be taken immediately. The aspirin tablet should be chewed when taken during a heart attack. It decreases the likelihood of the blood clotting. Beta-blocker medications, such as metoprolol (Toprol XL) relax the heart muscle and help prevent future heart attacks.

Eagle Lake Funeral Home

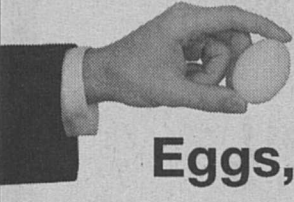
Monuments - Pre-Arranged Burial Plans

Family Owned

Barry D. Shepard, Funeral Director • Frank Navarro
607 N. Mc Carty Ave., Eagle Lake, Texas

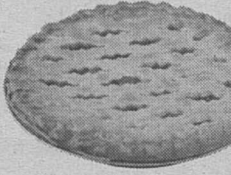
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Onie Mae Horndt

Onie Mae Horndt, 79, of Eagle Lake, passed away December 27 at Seton Medical Center in Austin.

She was born November 20, 1930 in Shaws Bend the daughter of Joseph and Emma (Ahlgrim) Stancik.

Onie Mae married Clarence W. Horndt, Sr. on January 26, 1947.

She was a homemaker and member of St. John Lutheran Church in Ellinger before moving to Eagle Lake in 2006.

Onie Mae was preceded in death by her parents; husband (May 11, 2006); son, Michael Horndt; sister, Lillie Poenitzsch; brothers, Clinton Stancik, LeRoy Stancik, Arthur "Mickey" Stancik and Alvin "Al" Stancik.

Survivors include her daughters, Carolyn Bartosch and husband, Larry of Ellinger, Patricia Ann Flores and husband, Arthur and Dawn Cardenas and husband, Arnold all of Eagle Lake; sons, Jim A. Horndt and wife, Becky of Cat Spring and Clarence W. Horndt, Jr. and wife, Ruth of Ellinger; brother, Melvin Stancik and wife, Joyce of Eagle Lake; brother-in-law, Marvin Hordnt of Columbus; 11 grandchildren; and seven great-grandchildren.

Funeral services were held Tuesday, December 29 at 11 a.m. from Henneke Funeral Home in Columbus with Rev. Karen Nelson officiating.

Interment followed in Brune Cemetery in Shaws Bend. Henneke Funeral Home was in charge of arrangements.

Pallbearers were Garrett Flores, Bruno Flores, Carissa Karisch, Stephanie Watson, Elissa Horndt, Madisyn Horndt, Benjamin Patric and Sarah Cardenas.

Honorary pallbearer was Sarah Horndt.

Sympathy is extended to the family in their loss.



Mildred Walker McGehee

Mildred Walker McGehee, 81, of Eagle Lake was called home on December 24.

She was born September 3, 1928 in her family's home outside of Eagle Lake to William Alfred Walker and Elizabeth Weaver Walker.

She grew up in Eagle Lake where she attended school.

She worked for Southwestern Bell in Eagle Lake and Rosenberg prior to working in the family business.

She was the loving, devoted wife and best friend of the late Chester McGehee for over 62 years.

She was a loving mother, grandmother and friend who lived her life to the fullest.

She enjoyed traveling, camping, cooking, attending church and spending time with her family.

Mildred was preceded in death by her parents, William Alfred Walker and Elizabeth Weaver Walker; two sisters, Pearl Miller and Melba Hattermann; and two brothers, Willie Walker and Charles Walker.

Mildred is survived by her daughter, Billie Jean Case of Eagle Lake; and son, Don McGehee and fiancé, Carrie Campbell of Medina; three granddaughters, Ginger Case Kacal and husband, Clint Kacal of El Campo; Cassidi Case and friend, Brady McClellan of Houston; Savanna McGehee Ross and husband, Hugh Ross of Solvang, California; and grandson, Smith McGehee of Houston. She is also survived by sister, Ruby Braden and husband, Earl Braden of Eagle Lake and sister, Eleanor Brasseaux and husband, Ray Brasseaux of Bay City.

The family expresses sincere gratitude to Lisa Colgin and Carol Noska, who cared so lovingly for Mildred.

Pallbearers are Ron Koether, Dwight Hadley, Paul Lee Hattermann, Randy McGehee, Hershel Sides and Wilfrid Frnka.

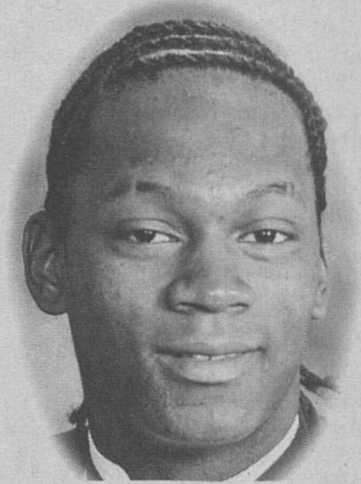
Visitation was held at Henneke Funeral Home in Columbus, Tuesday December 29 from 1-7 p.m., with the family receiving guests from 5-7 p.m.; 8-10 a.m. Wednesday; and from 12-2 p.m. at the First Baptist Church in Eagle Lake prior to services.

Funeral services were held at the First Baptist Church in Eagle Lake on Wednesday, December 30 at 2 p.m. with interment at Lakeside Cemetery in Eagle Lake.

Memorial contributions in her memory may be given to the First Baptist Church in Eagle Lake or the charity of your choice.

Henneke Funeral Home in Columbus was in charge of arrangements.

Sympathy is extended to the family in their loss.



Gary Keith McTear, Jr.

Gary Keith McTear, Jr. entered his eternal rest Tuesday, December 22, at the age of 23.

He is preceded in death by his grandfather, Elmo McTear, Jr. and his uncle, Don Wallace Johnson.

Gary was born December 2, 1986 in Eagle Lake, to Gary McTear, Sr. and Bobbie Kaye Johnson-McTear.

He accepted Christ June 21, 1991 under Rev. Joe H. James the pastor of North Lake Baptist Church in Eagle Lake.

He attended public school in Eagle Lake and graduated from Rice Consolidated High, May 2005 in Altair.

He attended UTI training school in Houston studying to become a mechanic.

He was a certified commercial truck driver, an upcoming disc jockey and neighborhood barber.

Gary Keith McTear, Jr. is survived by his daughter, Kayasia Monae McTear, of Eagle Lake; his devoted and loving parents, Bobbie and Gary McTear, Sr. of Eagle Lake; sister, Deborah Ta'Shae McTear of Eagle Lake; Brook Elizabeth Williams, Kayasia's mother of Richmond, Texas; grandparents, uncles, aunts, cousins and many friends.

Pallbearers were Brian O. Shorter, Chris L.Dorsey, Jamorris Brooks, Anthony R. Hemphill, Roderick Henderson and Paul L. Barrow, Jr.

Honorary Pallbearers were Mar J. Johnson, Jr., Albert J. Johnson, Willis J. Johnson, Michael L. Johnson, Larry O. Clayton, Tonny A. Clayton, Curt W. McTear, Jason D. Johnson, Ike D. Clayton and Allen D. Thomas.

Visitation was held Friday evening 6 - 8 p.m. at the Eagle Lake Funeral Home.

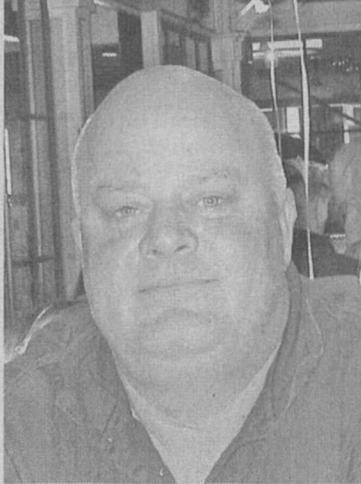
Funeral services were held at 11 a.m., Saturday, December 26, at the Providence Baptist Church.

Interment was at the Eagle Lake Cemetery-North in Eagle Lake.

Arrangements were under the direction of Eagle Lake Funeral Home.

Sympathy is extended to the family in their loss.

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Paul Ray Phillips

Paul Ray Phillips of Seabrook, Texas formally of Eagle Lake, passed away on Monday, December 21, at the age of 51.

Paul was born February 11, 1958 in Eagle Lake to Clyde Phillips and Maudie Cox.

He enjoyed building and remodeling homes, collecting lumber, and most of all, enjoyed spending time with his family.

Survivors include his wife, Denise Phillips of Seabrook; daughters, Christine Willets and fiancé, Chad Hagan of Katy, Jennifer White and husband, Justin of Lufkin; mother, Maudie Darr and husband, Dan of Deer Park; stepmother, Esther Phillips of Spring; sisters, Susan Gertson and husband, Gayle of Eagle Lake and Cindy Maier of Austin; three grandchildren, Claire White, Landon White and Colin Willets.

He was preceded in death by his father, Clyde Phillips; brother, Bobby Phillips; and nephew, Clint Gertson.

Pallbearers were Justin White, Michael Sodaro, Matt Gertson, Gayle Gertson, Howard Rothman and Barry Hawkins.

Funeral services were held at Eagle Lake Funeral Home Thursday, December 24, at 10 a.m. with Kevin Collison officiating. His sister, Susan Gertson read the Eulogy. Entombment was in Lakeside Mausoleum in Eagle Lake. Eagle Lake Funeral Home was in charge of arrangements.

Sympathy is extended to the family in their loss.

New Arrivals

Carson Coan Graves

Joey and Cara Graves of Lissie are pleased to announce the birth of their first child, a son, born December 19, at 6:22 a.m. at Rice Medical Center in Eagle Lake.

Carson Coan weighed six pounds, 13 ounces and measured 20 inches at birth.

Maternal grandparents are David and Dianne Coan of El Campo.

Paternal grandparents are the late Willie Graves, Jr. and Polly Graves of East Bernard.

Henry Earns BS from ASU

Theresa M. Henry has earned her Bachelor of Science from Angelo State University (ASU).

ASU conferred degrees upon 366 students during the 2009 fall commencement exercises on Dec. 12 in San Angelo.

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GREATER UNION BAPTIST CHURCH: Matthews Community, Co. Rd 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.
MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.
LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.
BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.
ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.
CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.
THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.
GREATER NEW FAITH CHURCH: 6406 Guyler, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.
EAST BERNARD FIRST BAPTIST
FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.
FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.
IGLESIA BAUTISTA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.
WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.
PROVIDENCE BAPTIST: 1207 Seabrook, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.
CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake; 234-3437.
ROCK ISLAND BAPTIST: Bob Allison, Pastor.
SHERIDAN FIRST BAPTIST: FM 2437, 234-3136.
WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.
JESUS IS MY REFUGE: 115 N. McCarty, Eagle Lake; Rev. Diana Aguilera.

CHURCH OF CHRIST: Sheridan.
NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.
CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.
HOLY CROSS CATHOLIC CHURCH: East Bernard.
CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary: 308 N. Stevenson, Eagle Lake; 8 a.m. (Español), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.
ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.
GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 11 a.m.; Rev. Bill Mosley, Pastor; 234-3381.
LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.
LISSIE UNITED METHODIST: Rev. Janice Kerlee, Pastor; 234-2112, Lissie.
ROCK ISLAND METHODIST: Ken Sells Jr. Lay-Pastor.
UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.
FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.
VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.
CROSSROAD ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.
THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.
CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.
THE SHEPHERD'S WAY: Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.
SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71 S., Garwood; 979-758-3039.
BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith, 979-543-2331, non-denominational.
MT. SINAI EVANGELICAL MINISTRIES: 510 Prairie St., Eagle Lake, Rev. Thomas E. Kuykendall, pastor/founder. 979-234-3259

Bible Verse of The Week

It is written in Isaiah the prophet: "I will send my messenger ahead of you, who will prepare your way "a voice of one calling in the desert, "Prepare the way for the Lord, make straight paths for him." - Mark 1:2-3

Submitted By Donna Samora

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